

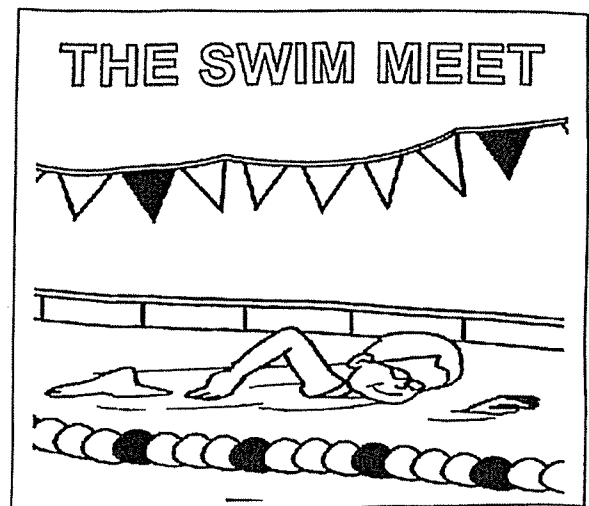
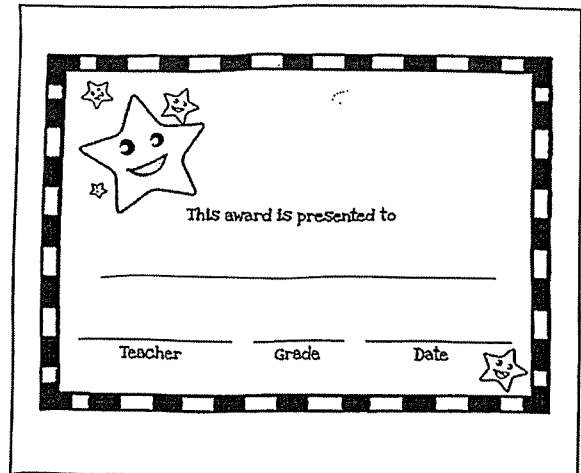
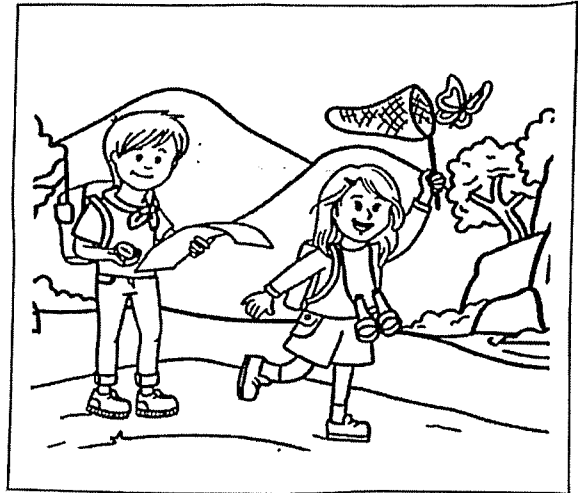
Write a composition of at least 120 words about a **challenging experience**.

The pictures, not arranged in sequence, are provided to help you think about the topic. Your composition should be based on one or more of these pictures.

Consider the following points when you plan your composition:

- Why was the experience challenging?
- How did the character(s) overcome the challenge?
- What happened in the end?

You may use the points in any order and include other relevant points as well.



A Challenging Experience

Last June, I participated in my first swimming competition. I was excited but also very nervous. The pool looked so big, and the other swimmers were really fast. When the race started, I jumped into the water, but I made a mistake—I swallowed a lot of water! I started coughing and fell behind.

I felt like giving up, but I remembered my coach's advice: "Stay calm and keep swimming." I took a deep breath and pushed forward. Stroke by stroke, I caught up with the others. My arms and legs felt tired, but I didn't stop.

In the end, I didn't win first place, but I finished the race. My coach and parents were proud of me. I learned that challenges make us stronger, and never giving up is the real victory!